

Turkey Du Duathlon Relay | Overall Results
November 26, 2006 - SUNY Old Westbury, NY
www.dulongisland.com

Pos	Bib	Firstname	Lastname	Class	Run1Tm	T1Tm	BikeTm	T2Tm	Run 2	TotalTm	Correct
1	94	Brian	Wolf	M 25-29	12:03.235	00:49.493	31:32.546	00:25.101	13:58.5	58:48.9	
2	149	Chris	Daily	M 45-49	12:06.327	00:26.933	33:29.038	00:20.843	13:01.6	59:24.8	
3	115	Ted	Tierney	M 35-39	12:06.713	00:26.810	33:25.817	00:25.642	13:21.4	59:46.4	
4	101		The Big Mazungos	Male 120 & Under	10:52.633	00:24.774	38:02.137	00:16.705	11:22.3	1:00:58.5	
5	4	Joe	Amato	M 40-44	12:48.085	00:43.009	34:37.751	00:35.500	13:52.2	1:02:36.6	
6	92	Jeffrey	Timm	M 50-54	13:45.379	00:27.231	34:37.180	00:24.581	13:58.4	1:03:12.7	
7	7	Rick	Booth	M 50-54	13:22.909	00:44.646	34:30.550	00:45.451	14:02.6	1:03:26.2	
8	174	Peter	Ventura	M 25-29	12:50.238	00:38.698	36:01.706	00:29.282	13:45.3	1:03:45.2	
9	113	Donna	McMahon	F 35-39	13:16.905	00:29.833	35:48.322	00:34.778	13:40.1	1:03:50.0	
10	168	Larry	Constantine	M 50-54	13:15.112	00:29.764	36:17.391	00:27.295	13:44.4	1:04:14.0	
11	161	Joseph	Collins	M 45-49	14:23.109	00:39.409	34:37.668	00:43.456	13:53.0	1:04:16.7	
12	125		M & M	Coed 120 & Under	14:20.456	00:17.793	35:27.912	00:15.000	14:04.2	1:04:25.3	
13	122		Runners Edge Masters	Male 121 & Over	11:54.479	00:17.379	40:04.438	00:19.475	11:50.5	1:04:26.2	
14	167		LGS	Coed 121 & Over	14:53.589	00:18.290	34:24.515	00:16.008	14:56.2	1:04:48.6	
15	166	Chris	Budden	M 25-29	14:15.854	00:51.327	36:54.485	00:30.783	14:17.5	1:06:50.0	
16	153	Richard	Nebiosini	M 45-49	14:09.753	00:58.983	34:48.121	00:36.858	16:26.6	1:07:00.4	
17	156	Greg	Wuest	M 50-54	14:32.421	00:49.153	35:55.854	00:31.142	15:19.9	1:07:08.4	
18	48	Jason	Lee	M 30-34	13:09.244	00:54.477	38:55.252	00:38.566	13:41.2	1:07:18.7	
19	150		3M - Miller	Coed 120 & Under	16:01.311	00:20.682	38:15.958	00:18.461	13:23.7	1:08:20.1	
20	126	Donald	Ferguson	M 40-44	14:44.490	00:49.956	37:28.824	00:40.463	14:41.8	1:08:25.6	
21	165	Kristin	Budden	F 25-29			00:00.000	00:00.000		1:08:32.0	
22	164	Ed	Hall	M 50-54	14:40.754	00:56.626	35:58.589	00:58.749	16:00.5	1:08:35.2	
23	169		Team Brooklyn	Coed 120 & Under	14:05.778	00:21.160	40:02.412	00:12.430	13:53.9	1:08:35.6	
24	148	Dennis	Jamieson	M 40-44	13:36.603	00:32.346	39:15.064	00:30.505	14:52.6	1:08:47.2	
25	96	Matthew	Wontz	M 20-24	13:08.235	00:43.445	40:51.304	00:52.281	13:29.1	1:09:04.4	
26	87	Jesse	Sorensen	M 20-24	13:55.506	00:37.988	39:51.932	00:28.043	14:18.3	1:09:11.8	
27	78	Erik	Rosenblatt	M 35-39	15:16.813	00:40.151	36:06.978	00:33.594	16:41.6	1:09:19.2	
28	157	Kevin	Browne	M 45-49	14:13.036	01:16.696	38:08.068	01:10.688	14:50.7	1:09:39.2	
29	10	Edwin	Canepa	M 19 & Under	12:35.111	00:30.483	42:45.654	00:14.056	13:40.3	1:09:45.6	
30	47	Anna	Le Mon	Athena	14:38.491	00:47.507	38:57.842	00:34.073	15:01.5	1:09:59.4	
31	112	Robert	McKeown	M 35-39	14:54.756	00:38.066	38:12.961	00:35.576	15:47.7	1:10:09.0	
32	26	Don	Gavin	M 55-59	13:51.603	01:10.055	38:31.599	01:03.563	15:35.7	1:10:12.5	
33	147	Michael	Roux	M 35-39	12:28.116	00:55.065	42:56.264	00:34.172	13:31.4	1:10:25.0	
34	121	Harry	Armon	M 45-49	15:45.784	00:39.507	37:42.243	00:32.926	15:58.0	1:10:38.5	
35	104		Carl Hart 1	Coed 121 & Over	13:41.368	00:24.311	41:52.490	00:19.519	14:25.3	1:10:42.9	
36	98		The VIZ	Male 121 & Over	13:25.349	00:31.645	43:10.493	00:16.838	13:41.6	1:11:06.0	
37	130	George	Dobson	M 30-34	15:09.924	00:54.906	38:16.559	00:38.187	16:16.1	1:11:15.702	
38	120	Jamie	Fishlow	M 45-49	15:42.515	00:52.287	37:37.781	00:45.030	16:18.1	1:11:15.707	
39	103		Rice & Beans	Coed 121 & Over	15:54.726	00:22.873	39:16.510	00:19.660	15:39.2	1:11:33.0	

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Pos	Bib	Firstname	Lastname	Class	Run1Tm	T1Tm	BikeTm	T2Tm	Run 2	TotalTm	Correct
40	131	Shawn	Cavanaugh	M 20-24	13:05.928	00:25.908	42:23.452	00:29.470	15:14.0	1:11:38.8	
41	89	Jim	Sweeney	M 55-59	15:02.398	00:40.341	39:49.058	00:34.301	15:36.3	1:11:42.4	
42	13	John	Colbert	M 45-49	15:15.499	01:05.463	38:15.667	01:10.207	16:18.7	1:12:05.5	
43	84	Nicole	Skidmore	F 25-29	15:16.573	00:42.100	39:48.426	00:44.577	16:40.8	1:13:12.5	
44	6	Debra	Beattie	F 40-44	14:28.861	00:56.122	41:57.709	00:28.111	15:23.4	1:13:14.2	
45	61	Steven	McDonnell	M 55-59	15:55.303	00:55.186	39:06.215	00:46.765	16:52.6	1:13:36.1	
46	137	Gary	Walters	M 50-54	16:02.224	01:01.933	39:55.937	00:50.149	15:55.7	1:13:46.0	
47	151	Tom	Leninger	20-24						1:13:47.0	
48	58	Kerry Ann	Masset	F 55-59	15:34.126	01:14.105	40:35.179	00:49.156	15:59.3	1:14:11.9	
49	177		Phillips	Coed 121 & Over	16:26.858	00:21.909	40:29.023	00:30.796	16:44.8	1:14:33.4	
50	128	John	Digawasi	M 30-34	14:43.510	00:27.261	43:44.975	00:39.409	15:00.2	1:14:35.3	
51	69	Matthew	ONeill	M 35-39	16:10.636	01:15.797	39:37.117	00:51.880	16:44.4	1:14:39.9	
52	97		The Jello Shots	Coed 120 & Under	13:03.972	00:31.610	47:17.813	00:16.434	13:41.4	1:14:51.3	
53	127	Glen	Morse	M 55-59	15:07.119	01:18.034	40:58.303	01:26.745	16:03.3	1:14:53.5	
54	170		Golds Gym	Male 121 & Over	18:07.354	00:37.404	37:41.699	00:18.585	18:10.5	1:14:55.5	
55	41	Jason	Katz	M 35-39	15:12.058	00:54.014	42:48.543	00:39.955	15:38.7	1:15:13.3	
56	77	Bill	Romas	M 50-54	16:36.113	00:45.973	40:21.502	00:45.667	17:28.8	1:15:58.0	
57	143	Anthony	Bellaicco	M 35-39	14:50.800	00:43.407	44:08.730	00:32.406	16:05.5	1:16:20.9	
58	111		Team 3M	Coed 120 & Under	15:40.880	00:34.498	43:13.530	00:22.682	16:49.8	1:16:41.4	
59	46	Josh	Kugler	M 35-39	16:37.281	01:18.353	37:43.001	01:45.889	19:41.4	1:17:05.9	
60	141	William	Slane	M 45-49	15:36.484	00:39.087	45:06.143	00:21.609	15:25.7	1:17:09.0	
61	102		The Incredibles	Coed 120 & Under	17:03.407	00:40.325	41:43.808	00:20.864	17:23.0	1:17:11.4	
62	57	Michael	Mannarino	Clydesdale	16:40.396	01:14.238	39:38.289	00:36.969	19:08.2	1:17:18.1	
63	23	Hal	Fuchs	M 45-49	14:39.335	01:07.472	38:52.586	01:57.149	20:47.0	1:17:23.5	
64	162	Adam	Wor	M 30-34	15:48.691	00:48.017	42:06.095	01:00.097	17:41.4	1:17:24.3	
65	123	Steven	Titan	M 45-49	15:32.594	01:27.651	42:34.163	01:12.817	16:50.3	1:17:37.5	
66	144	Laurie	Granata	F 35-39	15:04.024	00:52.298	41:29.692	01:02.523	19:32.6	1:18:01.1	
67	173		Candy Gams	Female 121 & Over	19:02.915	00:33.229	39:09.607	00:21.049	19:07.0	1:18:13.8	
68	117	Matthew	Tanenbaum	M 30-34	14:59.503	01:00.009	43:33.100	01:01.196	17:43.2	1:18:17.0	
69	70	Matt	ONeill	M 20-24	15:06.724	00:50.972	45:22.098	00:42.925	16:18.9	1:18:21.6	
70	35	Dennis	Halloway	M 45-49	14:57.115	01:57.372	42:46.919	01:26.734	17:16.7	1:18:24.9	
71	139	Erin	Merz	F 20-24	15:30.628	00:40.885	44:30.931	00:37.108	17:11.0	1:18:30.6	
72	146	Terrence	Mortell	M 40-44	15:54.044	01:06.416	41:45.266	01:00.161	18:55.7	1:18:41.6	
73	43	Michael	Korol	M 45-49	15:10.059	00:53.803	46:03.220	00:56.657	15:43.9	1:18:47.6	
74	119	Lorie	Sheinwald	M 40-44						1:19:15.0	
75	63	Kenny	Moscot	M 35-39	15:10.668	01:17.318	42:16.337	01:04.515	19:32.6	1:19:21.5	
76	105		Carl Hart 2	Male 121 & Over	16:24.532	00:25.383	44:58.371	00:17.614	17:28.8	1:19:34.7	
77	152		Wurtzel Walruses	Male 120 & Under	13:55.787	00:44.678	47:22.042	00:18.749	18:09.5	1:20:30.8	
78	30	Edward	Goodman	M 35-39	16:19.341	01:12.768	42:49.871	01:14.280	19:05.0	1:20:41.3	

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79	1	Derrick	Acker	M 40-44	15:59.799	01:06.379	44:39.193	01:10.417	18:09.7	1:21:05.5	
80	17	Lauren	Dariento	F 30-34	15:25.990	00:57.819	48:03.410	01:04.782	15:50.7	1:21:22.7	
81	95	Derek	Wong	M 35-39	16:00.356	00:30.114	48:08.561	00:37.229	16:16.0	1:21:32.2	
82	93	Antonio	Victorio	M 55-59	16:11.474	01:27.622	45:54.993	01:48.123	16:36.8	1:21:59.0	
83	40	Nancy	Kahn-Rosenthal	F 45-49	15:16.491	02:32.832	46:07.464	02:07.249	15:58.3	1:22:02.4	
84	116	Dorothy	Whalen	F 55-59	17:51.833	01:18.360	42:46.600	01:16.821	19:09.8	1:22:23.4	
85	159	Jayne	Czik	F 40-44	16:39.130	01:00.832	45:29.149	01:58.210	17:21.0	1:22:28.3	
86	68	William	OKeefe	M 30-34	16:13.984	01:45.650	43:35.918	01:47.493	19:16.3	1:22:39.4	
87	99		Spin Demons	Coed 120 & Under	17:08.640	00:26.512	46:47.638	00:20.254	18:12.2	1:22:55.2	
88	114	Keith	Niesenbaum	M 45-49	18:08.686	01:13.273	42:32.822	01:23.961	19:43.9	1:23:02.6	
89	176	Peter	Feldman	M 45-49	16:22.298	01:44.257	46:03.834	01:59.141	16:57.9	1:23:07.4	
90	110	Steve	Molinaro	M 45-49	15:00.777	01:04.620	50:16.243	00:46.444	16:08.2	1:23:16.3	
91	12	Francis	Coiro	M 50-54	16:34.855	01:33.510	44:31.245	01:05.236	19:39.1	1:23:24.0	
92	178	Joseph	Quinn	M 20-24	16:23.657	01:02.645	48:20.942	01:15.906	16:58.6	1:24:01.7	
93	100		The Suffer Machine	Male 120 & Under	13:05.125	00:22.271	57:27.530	00:17.379	12:51.7	1:24:04.0	
94	134	George	Lira	Clydesdale	16:42.567	02:21.043	44:50.883	02:16.009	17:58.7	1:24:09.2	
95	140	Craig	Harrigan	M 40-44	15:57.519	01:31.893	46:01.000	01:14.949	19:42.2	1:24:27.5	
96	5	Russell	Bassett	M 65-69	16:51.862	02:06.400	45:57.646	01:34.471	18:05.4	1:24:35.8	
97	54	Andrew W.	Malone	M 30-34	16:16.468	01:36.203	46:43.639	01:54.075	18:29.0	1:24:59.4	
98	71	Elizabeth	Opas	F 35-39	15:51.797	01:07.064	50:37.968	00:44.900	16:43.3	1:25:05.1	
99	175	Paul	Marsac	M 50-54	17:29.612	01:43.925	45:15.189	01:33.452	19:27.9	1:25:30.0	
100	32	Lori	Gulotta	F 35-39	17:52.401	01:19.175	45:32.141	01:18.364	19:44.6	1:25:46.7	
101	72	Jana	Poscharsky	F 25-29	17:04.012	00:46.242	49:29.693	00:49.250	17:46.1	1:25:55.3	
102	14	Mary Ellen	Collom	F 30-34	18:17.064	00:55.034	46:13.681	00:33.527	19:58.7	1:25:58.0	
103	22	Donald	Frevele	Clydesdale	17:38.005	01:18.239	44:16.947	03:30.248	19:23.9	1:26:07.3	
104	50	Matt	Levine	M 30-34	15:37.291	01:49.847	50:18.720	02:06.420	16:16.9	1:26:09.2	
105	53	Brian	Malone	M 25-29	13:30.711	01:22.949	52:42.057	03:00.628	15:36.3	1:26:12.6	
106	88	Michael	Stewart	M 19 & Under	15:05.646	00:30.324	50:49.428	00:33.748	19:23.9	1:26:23.0	
107	86	Richard	Smith	M 50-54	17:51.475	00:51.880	46:07.737	01:06.015	20:35.1	1:26:32.2	
108	28	Daniel E.	Gigliobianco	M 30-34	16:25.960	00:36.356	51:13.558	00:30.755	18:11.1	1:26:57.7	
109	142		Team Mac	Coed 120 & Under		16:30.247	52:43.866		17:51.5	1:27:05.6	
110	160	Samuel	Nassi	M 25-29	16:14.606	01:44.935	53:32.251	00:54.564	14:56.3	1:27:22.6	
111	18	Stacie	Deiner	F 30-34	15:36.107	01:53.896	52:28.213	01:47.608	16:12.9	1:27:58.7	
112	171	William	Sullivam	M 50-54	17:32.445	01:32.177	49:07.009	01:18.340	18:30.4	1:28:00.4	
113	172	Nancy	Levinson	F 40-44	17:32.994	01:30.435	49:11.254	01:16.016	18:29.9	1:28:00.6	
114	135	Richard	Sauer	M 25-29	16:35.864	01:09.973	50:36.786	00:33.096	19:15.2	1:28:10.9	
115	155	Michael	Natiello	M 25-29	18:13.300	01:36.432	45:27.654	02:13.920	20:50.4	1:28:21.8	
116	65	Don	Mottl	M 55-59	18:38.340	01:32.913	46:38.463	01:09.433	20:30.8	1:28:30.0	
117	133	Matthew	McKenna	M 35-39	17:23.309	00:50.824	49:42.648	00:43.412	20:14.2	1:28:54.4	

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118	45	David	Kreinsen	M 45-49	17:31.388	02:18.041	47:53.807	02:49.591	18:34.7	1:29:07.5	
119	29	Mitchell	Ginsberg	M 45-49	18:00.664	01:42.370	46:43.894	01:49.250	20:55.6	1:29:11.8	
120	25	Ellen	Gavin	F 55-59	18:44.886	00:49.783	48:59.809	01:09.139	19:36.6	1:29:20.2	
121	20	Matthew	Dunleavy	Clydesdale	17:47.954	00:48.167	50:27.223	00:43.893	20:37.7	1:30:24.9	
122	136	John	Bracchi	M 25-29	17:17.777	01:00.200	51:56.201	01:00.366	19:11.8	1:30:26.4	
123	39	Michael	Isikow	M 40-44	17:39.015	00:50.025	52:15.772	00:45.654	19:19.8	1:30:50.2	
124	16	Steven	D'Agostino	Clydesdale	16:28.899	01:24.923	53:05.767	01:35.713	19:12.8	1:31:48.1	
125	118	Debra	Savarese	F 50-54	17:15.258	00:55.787	54:29.138	00:42.889	18:39.8	1:32:02.8	
126	42	Michael	Kaufman	M 45-49	20:13.555	00:35.294	50:05.903	00:29.147	20:52.2	1:32:16.1	
127	163	John	Parrish	M 55-59	18:44.297	01:19.822	52:43.569	01:20.191	18:13.9	1:32:21.8	
128	8	Jared	Braunstein	M 35-39	17:41.826	00:38.097	52:47.743	00:40.003	20:36.8	1:32:24.4	
129	49	Kristin	Lein	F 25-29	17:27.794	00:28.393	56:07.132	00:17.983	18:07.1	1:32:28.4	
130	44	Constance	Korol	M 35-39	19:18.474	01:56.398	49:43.890	02:05.039	19:44.6	1:32:48.4	
131	74	Dennis	Ringel	M 60-64	19:03.857	00:36.732	51:45.669	00:36.663	21:04.3	1:33:07.2	
132	83	David	Shereck	M 40-44	18:48.781	02:03.816	45:22.866	01:57.800	25:06.7	1:33:19.9	
133	145	Erika	Valente	F 35-39	18:09.427	01:03.489	52:51.136	01:05.544	21:49.9	1:34:59.5	
134	9	Diane	Buscaglia	Athena	18:49.972	00:37.282	54:10.301	00:44.648	20:45.6	1:35:07.8	
135	129	Erin	Oshan	F 25-29	17:50.013	01:35.092	54:41.793	01:22.095	20:23.7	1:35:52.7	
136	37	Richard	Hoffman	Clydesdale	17:39.948	00:38.750	57:45.695	00:51.128	19:08.2	1:36:03.7	
137	85	Jean	Smith	F 55-59	18:28.296	00:34.001	57:40.932	00:35.254	19:51.2	1:37:09.7	
138	154	Mangluuro	Washington	M 30-34	15:50.744	02:19.469	01:01:47.226	00:45.038	16:55.0	1:37:37.4	
139	80	Patrick	Santos	M 35-39	23:12.232	00:55.739	49:23.009	01:09.877	23:43.9	1:38:24.8	
140	56	Carolyn	Mangiarotti	F 40-44	20:46.069	01:44.459	52:57.073	01:10.215	21:48.6	1:38:26.4	
141	24	James	Fulton	Clydesdale	19:39.636	00:47.797	57:30.639	00:44.605	21:54.2	1:40:36.9	
142	79	Odd	Sangesland	M 70 & Over	21:38.368	01:15.211	52:33.049	01:15.198	24:03.9	1:40:45.7	
143	52	Bill	Lynch	M 65-69	21:57.594	00:23.354	54:28.419	00:24.979	23:37.6	1:40:51.9	
144	11	Joe	Cavazos	Clydesdale	23:11.941	00:48.149	51:39.086	01:09.230	24:25.6	1:41:14.0	
145	91	Vera	Thompson	F 45-49	17:33.661	00:32.880	01:11:25.323	01:06.822	18:49.9	1:49:28.6	
146	124	Davie	Titan	M 19 & Under	21:19.371	00:59.816	01:00:36.203	01:10.986	25:45.1	1:49:51.4	
147	60	Connie	McDonnell	F 50-54	22:14.628	01:21.644	01:01:56.339	01:27.475	24:05.1	1:51:05.2	
148	21	Dena	Dusek	F 25-29	23:30.515	01:42.685	56:31.233	01:05.255	28:33.1	1:51:22.8	
149	59	Kathleen	Massimo	F 40-44	28:11.090	00:41.983	48:05.887	01:05.004	33:19.4	1:51:23.3	
150	76	Malinda	Robey	F 25-29	21:25.720	01:39.604	01:05:09.407	01:02.309	22:18.3	1:51:35.3	
151	3	Christine	Albert	F 25-29	21:25.154	01:37.386	01:05:11.487	01:01.665	22:19.7	1:51:35.4	
152	34	Sarah	Hallett	F 20-24	19:31.929	00:41.526	01:08:48.008	00:42.237	22:17.5	1:52:01.2	
153	27	Julie	Gick	F 25-29	19:23.499	01:59.116	01:07:41.933	01:28.412	21:54.9	1:52:27.9	
154	82	Kimm Catherine	Schwarz	F 35-39	19:23.513	02:05.204	01:07:30.488	01:41.446	21:47.3	1:52:27.9	
155	15	Roxanne	Conlon	F 30-34	18:55.724	00:51.243	01:13:11.988	00:52.341	19:48.9	1:53:40.2	
157	33	Donna	Hahl	F 55-59	22:15.425	01:07.590	01:07:15.474	00:56.280	23:22.3	1:54:57.1	

Turkey Du Duathlon Relay | Overall Results
November 26, 2006 - SUNY Old Westbury, NY
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Pos	Bib	Firstname	Lastname	Class	Run1Tm	T1Tm	BikeTm	T2Tm	Run 2	TotalTm Correct
158	138	Arnold	Juzefovic	M 70 & Over	20:25.883	00:43.843	01:10:20.496	00:49.136	25:18.1	1:57:37.4
159	38	Rochelle	Holden	F 50-54	22:18.704	01:36.828	01:15:15.151	00:53.626	25:31.9	2:05:36.2
160	132	Michael	Berdela	M 20-24	13:01.640	00:33.243	39:33.925	00:30.867		
161	81	George	Schroeder	M 35-39	11:47.178	00:29.582				
162	75	Mathew	Robey	M 30-34	21:44.892	01:21.647				